



InStride Health Accepted Insurances

State	Payor	Plans
CT	Aetna	Commercial
	First Health Network/Aetna	Commercial
	Anthem BCBS	Commercial
	Optum/UnitedHealthcare	Commercial
	ConnectiCare	Commercial
	Oxford Health	Commercial
	Oscar	Commercial
	New York State Health Insurance Program (NYSHIP)	Commercial
	Mass General Brigham Health Plan	Commercial
	Harvard Pilgrim	Commercial
	EmblemHealth	Commercial
	Group Health Incorporated (GHI)	Commercial
	Government Employees Health Association (GEHA)	Commercial
	National Association of Letter Carriers (NALC)	Commercial
	Cigna	*Single case agreements considered for commercial plans
	Blue Cross Blue Shield of Illinois	***Commercial, excluding HMO
	Blue Cross Blue Shield of Texas	***Commercial
	Blue Cross Blue Shield of Montana	***Commercial, based on plan design
	Blue Cross Blue Shield of New Mexico	***Commercial, based on plan design
Blue Cross Blue Shield of Oklahoma	***Commercial, based on plan design	
DC	Government Employees Health Association (GEHA)	Commercial
	ConnectiCare	Commercial
	Oscar	Commercial
	Oxford	Commercial
	UMR	Commercial
	Surest	Commercial
	UnitedHealthcare	Commercial

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***Available to certain members of the following plans based on plan design: Blue Cross and Blue Shield of Illinois, Blue Cross and Blue Shield of Montana, Blue Cross and Blue Shield of New Mexico, Blue Cross and Blue Shield of Oklahoma and Blue Cross and Blue Shield of Texas. Please check with your plan for details.

DC	National Association of Letter Carriers (NALC)	Commercial
	Blue Cross Blue Shield of Massachusetts	Commercial
	Blue Cross Blue Shield of Illinois	Commercial, excluding HMO
	Blue Cross Blue Shield of Texas	Commercial
	Blue Cross Blue Shield of Montana	***Commercial, based on plan design
	Blue Cross Blue Shield of New Mexico	***Commercial, based on plan design
	Blue Cross Blue Shield of Oklahoma	***Commercial, based on plan design
	Aetna	**Single case agreements considered for commercial plans
	Cigna	*Single case agreements considered for commercial plans
FL	Aetna	Commercial
	Cigna	Commercial
	Blue Cross Blue Shield of Massachusetts	Commercial
IL	Blue Cross Blue Shield of Illinois	Commercial, excluding HMO
	Blue Cross Blue Shield of Texas	Commercial
	Blue Cross Blue Shield of Montana	***Commercial, based on plan design
	Blue Cross Blue Shield of New Mexico	***Commercial, based on plan design
	Blue Cross Blue Shield of Oklahoma	***Commercial, based on plan design
	Aetna	**Single case agreements considered for commercial plans
	Cigna	*Single case agreements considered for commercial plans
	Optum/UnitedHealthcare	Commercial
	Oxford Health	Commercial
	Oscar	Commercial
	Government Employees Health Association (GEHA)	Commercial
	Mass General Brigham Health Plan	Commercial
	ConnectiCare	Commercial
	Blue Cross Blue Shield of Massachusetts	Commercial
National Association of Letter Carriers (NALC)	Commercial	
MA	Aetna	Commercial
	First Health Network	Commercial
	Blue Cross Blue Shield of Massachusetts	Commercial

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MA	Harvard Pilgrim	Commercial
	Mass General Brigham Health Plan	Commercial
	Optum/UnitedHealthcare	Commercial
	Wellpoint (UniCare)	Commercial
	ConnectiCare	Commercial
	Oscar	Commercial
	Oxford Health Plan	Commercial
	Government Employees Health Association (GEHA)	Commercial
	National Association of Letter Carriers (NALC)	Commercial
	Cigna	*Single case agreements considered for commercial plans
	Blue Cross Blue Shield of Illinois	***Commercial, excluding HMO
	Blue Cross Blue Shield of Texas	***Commercial
	Blue Cross Blue Shield of Montana	***Commercial, based on plan design
	Blue Cross Blue Shield of New Mexico	***Commercial, based on plan design
	Blue Cross Blue Shield of Oklahoma	***Commercial, based on plan design
ME	Anthem BCBS	Commercial
	Harvard Pilgrim	Commercial
	Optum/UnitedHealthcare	Commercial
	ConnectiCare	Commercial
	Mass General Brigham Health Plan	Commercial
	Oxford Health Plan	Commercial
	Oscar	Commercial
	Government Employees Health Association (GEHA)	Commercial
	National Association of Letter Carriers (NALC)	Commercial
	Aetna	**Single case agreements considered for commercial plans
	Cigna	*Single case agreements considered for commercial plans
	Blue Cross Blue Shield of Illinois	***Commercial, excluding HMO
	Blue Cross Blue Shield of Texas	***Commercial
	Blue Cross Blue Shield of Montana	***Commercial, based on plan design
	Blue Cross Blue Shield of New Mexico	***Commercial, based on plan design

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	Blue Cross Blue Shield of Oklahoma	***Commercial, based on plan design
NC	Aetna	Commercial
	Cigna	Commercial
	Blue Cross Blue Shield of Massachusetts	Commercial
NH	Anthem BCBS	Commercial
	Harvard Pilgrim	Commercial
	Mass General Brigham Health Plan	Commercial
	Optum/UnitedHealthcare	Commercial
	ConnectiCare	Commercial
	Oxford Health Plan	Commercial
	Oscar	Commercial
	Government Employees Health Association (GEHA)	Commercial
	National Association of Letter Carriers (NALC)	Commercial
	Aetna	**Single case agreements considered for commercial plans
	Cigna	*Single case agreements considered for commercial plans
	Blue Cross Blue Shield of Illinois	***Commercial, excluding HMO
	Blue Cross Blue Shield of Texas	***Commercial
	Blue Cross Blue Shield of Montana	***Commercial, based on plan design
	Blue Cross Blue Shield of New Mexico	***Commercial, based on plan design
Blue Cross Blue Shield of Oklahoma	***Commercial, based on plan design	
NJ	Anthem BCBS (former Empire)	Commercial
	New York State Health Insurance Program (NYSHIP)	Commercial
	EmblemHealth	Commercial
	Group Health Incorporated (GHI)	Commercial
	Horizon Blue Cross and Blue Shield of NJ	Commercial/member id 3HZN
	Optum/UnitedHealthcare	Commercial
	Oscar	Commercial
	Oxford Health	Commercial
	Harvard Pilgrim	Commercial
	Mass General Brigham Health Plan	Commercial
	ConnectiCare	Commercial

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NJ	Government Employees Health Association (GEHA)	Commercial
	Independence Blue Cross (Salem, Gloucester, Camden, Burlington, Mercer and Warren counties only)	Commercial - Keystone Health Plan East, Keystone Health Plan POS, Keystone Personal Choice EPO
	Amerihealth PA	Commercial
	Amerihealth NJ	Commercial
	National Association of Letter Carriers (NALC)	Commercial
	Aetna	**Single case agreements considered for commercial plans
	Cigna	*Single case agreements considered for commercial plans
	Blue Cross Blue Shield of Illinois	***Commercial, excluding HMO
	Blue Cross Blue Shield of Texas	***Commercial
	Blue Cross Blue Shield of Montana	***Commercial, based on plan design
	Blue Cross Blue Shield of New Mexico	***Commercial, based on plan design
	Blue Cross Blue Shield of Oklahoma	***Commercial, based on plan design
NY	Anthem BCBS (Empire)	Commercial
	New York State Health Insurance Program (NYSHIP)	Commercial
	EmblemHealth	Commercial
	Group Health Incorporated (GHI)	Commercial
	Optum/UnitedHealthcare	Commercial
	Oscar	Commercial
	Oxford Health	Commercial
	Harvard Pilgrim	Commercial
	Mass General Brigham Health Plan	Commercial
	ConnectiCare	Commercial
	Horizon Blue Cross and Blue Shield of NJ	Commercial/member id 3HZN
	Government Employees Health Association (GEHA)	Commercial
	National Association of Letter Carriers (NALC)	Commercial
	Aetna	**Single case agreements considered for commercial plans
	Cigna	*Single case agreements considered for commercial plans

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NY	Blue Cross Blue Shield of Illinois	***Commercial, excluding HMO
	Blue Cross Blue Shield of Texas	***Commercial
	Blue Cross Blue Shield of Montana	***Commercial, based on plan design
	Blue Cross Blue Shield of New Mexico	***Commercial, based on plan design
	Blue Cross Blue Shield of Oklahoma	***Commercial, based on plan design
OH	Anthem BCBS	Commercial
	Optum/UnitedHealthcare	Commercial
	Oscar	Commercial
	Oxford Health Plan	Commercial
	Harvard Pilgrim	Commercial
	Government Employees Health Association (GEHA)	Commercial
	Mass General Brigham Health Plan	Commercial
	ConnectiCare	Commercial
	National Association of Letter Carriers (NALC)	Commercial
	Aetna	**Single case agreements considered for commercial plans
	Cigna	*Single case agreements considered for commercial plans
	Blue Cross Blue Shield of Illinois	***Commercial, excluding HMO
	Blue Cross Blue Shield of Texas	***Commercial
	Blue Cross Blue Shield of Montana	***Commercial, based on plan design
	Blue Cross Blue Shield of New Mexico	***Commercial, based on plan design
Blue Cross Blue Shield of Oklahoma	***Commercial, based on plan design	
PA	Optum/UnitedHealthcare	Commercial
	Oscar	Commercial
	Oxford Health Plan	Commercial
	ConnectiCare	Commercial
	Harvard Pilgrim	Commercial
	Mass General Brigham Health Plan	Commercial
	Horizon Blue Cross and Blue Shield of NJ	Commercial/member id 3HZN
	Government Employees Health Association (GEHA)	Commercial

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PA	Independence Blue Cross	Commercial - Keystone Health Plan East, Keystone Health Plan POS, Personal Choice
	Amerihealth PA	Commercial
	Amerihealth NJ	Commercial
	National Association of Letter Carriers (NALC)	Commercial
	Aetna	**Single case agreements considered for commercial plans
	Cigna	*Single case agreements considered for commercial plans
	Blue Cross Blue Shield of Illinois	***Commercial, excluding HMO
	Blue Cross Blue Shield of Texas	***Commercial
	Blue Cross Blue Shield of Montana	***Commercial, based on plan design
	Blue Cross Blue Shield of New Mexico	***Commercial, based on plan design
	Blue Cross Blue Shield of Oklahoma	***Commercial, based on plan design
RI	Harvard Pilgrim	Commercial
	Blue Cross Blue Shield of Rhode Island	Commercial
	Optum/UnitedHealthcare	Commercial
	Oxford Health Plan	Commercial
	Harvard Pilgrim	Commercial
	Mass General Brigham Health Plan	Commercial
	ConnectiCare	Commercial
	Oscar	Commercial
	Government Employees Health Association (GEHA)	Commercial
	National Association of Letter Carriers (NALC)	Commercial
	Aetna	**Single case agreements considered for commercial plans
	Cigna	*Single case agreements considered for commercial plans
	Blue Cross Blue Shield of Illinois	***Commercial, excluding HMO
	Blue Cross Blue Shield of Texas	***Commercial
	Blue Cross Blue Shield of Montana	***Commercial, based on plan design
Blue Cross Blue Shield of New Mexico	***Commercial, based on plan design	
Blue Cross Blue Shield of Oklahoma	***Commercial, based on plan design	

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TX	Blue Cross Blue Shield of Texas	Commercial
	Blue Cross Blue Shield of Illinois	Commercial, excluding HMO
	Blue Cross Blue Shield of Montana	***Commercial, based on plan design
	Blue Cross Blue Shield of New Mexico	***Commercial, based on plan design
	Blue Cross Blue Shield of Oklahoma	***Commercial, based on plan design
	National Association of Letter Carriers (NALC)	Commercial
	Aetna	**Single case agreements considered for commercial plans
	Cigna	*Single case agreements considered for commercial plans
	Optum/UnitedHealthcare	Commercial
	Oxford Health	Commercial
	Oscar	Commercial
	Government Employees Health Association (GEHA)	Commercial
	Mass General Brigham Health Plan	Commercial
	ConnectiCare	Commercial
Blue Cross Blue Shield of Massachusetts	Commercial	
VA	First Health Network/Aetna	Commercial
	Anthem BCBS	Commercial
	Optum/UnitedHealthcare	Commercial
	ConnectiCare	Commercial
	Oxford Health	Commercial
	Oscar	Commercial
	New York State Health Insurance Program (NYSHIP)	Commercial
	Mass General Brigham Health Plan	Commercial
	Harvard Pilgrim	Commercial
	EmblemHealth	Commercial
	Group Health Incorporated (GHI)	Commercial
	Government Employees Health Association (GEHA)	Commercial
	National Association of Letter Carriers (NALC)	Commercial
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	Blue Cross Blue Shield of Illinois	***Commercial, excluding HMO
	Blue Cross Blue Shield of Texas	***Commercial

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